

St. Francis High School

Fall Sports Schedules 2009-2010

Cross Country: Head Coach: Mr. John Marheineke

Day	Date	Opponent	Place	Time
Thursday	September 3	4 th Annual Watermelon Run	Pinto Lake	4:00
Saturday	September 12	Earlybird Invitational	Toro Park	TBA
Thursday	September 17	Scotts Valley / San Lorenzo Valley	SLV	4:00
Saturday	September 19	Lowell Invitational	Golden State Park, SF	TBA
Saturday	September 26	Stanford Invitational	Stanford	TBA
Thursday	October 1	Harbor	Schwann Lake	4:00
Saturday	October 3	Atascadero Invitational	Atascadero	TBA
Saturday	October 10	Crystal Springs Invitational	San Mateo	TBA
Thursday	October 15	Santa Cruz / Soquel	Santa Cruz	4:00
Thursday	October 29	Aptos	Aptos	4:00
Wednesday	November 4	SCCAL Championships	Pinto Lake	2:00
Saturday	November 14	CCS Championships	Crystal Springs	TBA
Saturday	November 28	CIF State Championships	Woodward Park, Fresno	TBA

Football: Head Coach: Mr. Joe Gregorio

Day/Date	Opponent	Place	Teams	Time
Fri / Aug 28	JV Jamboree	Aptos	JV	5:00
Sat / Aug 29	Varsity Jamboree	Cabrillo College	V	5:00
Sat / Sep 5	Carmel	Carmel	JV/V	11:30 / 2:00
Fri / Sep 11	Monte Vista Christian	MVC	JV/V	5:00 / 7:30
Sat / Sep 19	Pacific Grove	Cabrillo College	JV/V	5:00 / 7:30
Sat / Sep 26	Robert Louis Stevenson	Cabrillo College	JV/V	10:00 / 1:00
Fri / Oct 2	San Lorenzo Valley	SLV	JV/V	5:00 / 7:30
Sat / Oct 17	Aptos	Cabrillo College	JV/V	5:00 / 7:30
Fri / Oct 23	Soquel	Soquel	JV/V	5:00 / 7:30
Fri / Oct 30	Scotts Valley	Cabrillo College	JV/V	5:00 / 7:30
Sat / Nov 7	Santa Cruz	Cabrillo College	JV/V	10:00 / 1:00
Sat / Nov 14	Harbor	Harbor	JV/V	10:30 / 1:00
Sat / Nov 21	CCS Playoffs 1 st Rd	TBA	Varsity	TBA
Sat / Nov 28	CCS Semi-Finals	TBA	Varsity	TBA
Sat./ Dec 5	CCS Championships	TBA	Varsity	TBA

Women's Volleyball: Head Coach: Ms. Susan Grogan

Day/Date	Opponent	Place	Teams	Time
Sat / Aug 29	St. Francis Alumni	BAC	V	TBA
Thu / Sep 3	Pajaro Valley	PVHS	JV/V	5:30/6:30
Sat / Sep 5	Don Bosco Invitational	BAC	V only	All Day
Tue / Sep 8	Santa Catalina	BAC	JV/V	4:30/5:30
Thu / Sep 10	St. Thomas More	STM	JV/V	4:30/5:45
Thu / Sep 10	Christopher HS (Gilroy)	CHS	F only	4:00
Tue / Sep 15	Harbor	BAC	F/JV/V	4/5:15/6:30

Thu / Sep 17	Mt. Madonna	BAC	JV/V	5:15/6:30
Tue / Sep 22	Scotts Valley	BAC	F/JV/V	4/5:15/6:30
Thu / Sep 24	Santa Cruz	SCHS	F/JV/V	4/5:15/6:30
Sat / Sep 26	Aptos Invitational	Aptos	JV only	All Day
Sat / Sep 26	Watsonville Tournament	WHS	F only	All Day
Tue / Sep 29	San Lorenzo Valley	SLV	F/JV/V	4/5:15/6:30
Thu / Oct 1	Aptos	BAC	F/JV/V	4/5:15/6:30
Sat / Oct 3	Oak Grove Tournament	Oak Grove	V only	All Day
Tue / Oct 6	Soquel	BAC	F/JV/V	4/5:15/6:30
Thu / Oct 8	Harbor	Harbor	F/JV/V	4/5:15/6:30
Sat / Oct 10	Watsonville	WHS	F/JV/V	4/5:15/6:30
Tue / Oct 13	Mt. Madonna	Mt. Madonna	JV/V	5:15/6:30
Tue / Oct 13	St. Francis Mt. View	SF Mt. View	F only	4:00
Thu / Oct 15	Scotts Valley	SVHS	F/JV/V	4/5:15/6:30
Thu / Oct 20	Santa Cruz	BAC	F/JV/V	4/5:15/6:30
Thu / Oct 22	San Lorenzo Valley	BAC	F/JV/V	4/5:15/6:30
Sat / Oct 24	Monte Vista Christian	BAC	F/JV/V	4/5:15/6:30
Sat / Oct 24	Christopher HS (Gilroy)	BAC	F only	4:00
Tue / Oct 27	Aptos	Aptos	F/JV/V	4/5:15/6:30
Thu / Oct 29	Soquel	Soquel	F/JV/V	4/5:15/6:30
Nov 4,6,7	SCCAL Tournament	TBA	V only	TBA
Nov 15,19,22	CCS Tournament	TBA	V only	TBA
Nov 25,29 / Dec 2	CIF State Tournament	TBA	V only	TBA
Sun / Dec 6	State Championship	TBA	V only	TBA

Women's Tennis: Head Coach: Mr. Bill Finch

Day	Date	Opponent	Place	Time
Wednesday	September 2	York	Shamisal Tennis Club	3:00
Tuesday	September 8	Aptos	Aptos	3:30
Thursday	September 10	San Lorenzo Valley	Santa Cruz	3:30
Tuesday	September 15	Santa Cruz	Santa Cruz	3:30
Tuesday	September 22	Scotts Valley	Scotts Valley	3:30
Thursday	September 24	Harbor	Harbor	3:30
Tuesday	September 29	Soquel	Soquel	3:30
Thursday	October 1	San Lorenzo Valley	Harbor	3:30
Tuesday	October 6	Santa Cruz	Santa Cruz	3:30
Tuesday	October 13	Scotts Valley	Scotts Valley	3:30
Thursday	October 15	Harbor	Harbor	3:30
Tuesday	October 20	Soquel	Soquel	3:30
Thursday	October 22	Aptos	Aptos	3:30
Tuesday	October 27	SCCAL Singles/Doubles Rd 1/2	Rio Del Mar	10:00
Wednesday	October 28	SCCAL Singles/Doubles Finals	Rio Del Mar	2:00